

HEALTH RECORD	CHRONOLOGICAL RECORD OF MEDICAL CARE
DATE	SYMPTOMS, DIAGNOSIS, TREATMENT, TREATING ORGANIZATION <i>(Sign each entry)</i>
	MEDICAL/PSYCHOLOGICAL CLEARANCE FOR SERE TRAINING
Allergies:	I certify that this member's medical records have been screened and his/her health history reviewed with
	him/her. After considering the course specific information below, I find the member free of conditions that
Meds:	would preclude safe completion of survival training. Immunization status is current (date of the last tetanus
	booster _____). The member has a current PHA. The member should contact _____
	(24 hour contact point) prior to departing the local area should a health issue arise after this clearance has been
	issued so as to insure his/her medical fitness for survival training.
	PREGNANCY, CURRENT OR PENDING ENROLLMENT IN ADAPT, AND 4T PROFILES ARE
	ABSOLUTE DISQUALIFIERS FOR ALL SERE COURSES. CURRENT FAMILY ADVOCACY/LIFE
	SKILLS ISSUES, AND LIMITING TEMPORARY PROFILES ARE ALSO POTENTIALLY
	DISQUALIFYING, CONTACT DSN 657-5414 FOR GUIDANCE.
	S-V80-A (SERE Training), S-V92-A (PG/HD Training), and S-V94-C (CRO Advanced SERE
	Training) considerations:
	<ul style="list-style-type: none"> • Carry a 60+ lb pack, 6-8 hrs/day, at elevations from 2400-3200 feet over rough terrain during 5 days of field training with varying temperature extremes, inclement weather and snowshoe use in winter. (S-V80-A) • Sleep in primitive shelters on the ground and decreased caloric intake. • Psychological stresses involved with simulated captivity. • Eyeglasses required. Contact lenses ARE NOT PERMITTED during field and resistance training.
	Pay special attention to a history of heat or cold related illnesses or injuries, environmental allergies (bee stings), back or extremity problems, cardiovascular risk factors (consider ETT as needed), hypertension and

PATIENT'S IDENTIFICATION *(Use this space for Mechanical Imprint)*

RECORDS MAINTAINED AT:		
PATIENT'S NAME <i>(Last, First, Middle Initial)</i>		SEX
RELATIONSHIP TO SPONSOR	STATUS	RANK/GRADE
SPONSOR'S NAME		ORGANIZATION
DEPART./SERVICE	SSN/IDENTIFICATION NO.	DATE OF BIRTH

DATE	SYMPTOMS, DIAGNOSIS, TREATMENT, TREATING ORGANIZATION <i>(Sign each entry)</i>
	<p>general level of physical conditioning. Prescriptions should be refilled as needed and ongoing medical work-ups completed. Psychological screening should look for current family problems and any history of psychological problems (esp. consider depression, anxiety, stress, anger management issues, history of alcohol abuse or treatment, history of assault, sexual assault, battery or abuse and claustrophobia). Life Skills should screen any personnel with positive histories. Do not send members enrolled in the ADAPT program until they have completed aftercare.</p>
	<p>S-V80-B (Land Parachute Training), S-V84-A (Underwater Egress Training), S-V86-A (Water Survival Training, Parachuting), S-V87-A (Arctic Survival Training) and S-V90-A (Water Survival Training, Non-parachuting) considerations:</p> <ul style="list-style-type: none"> • Fear of water, sea life or heights. • Must be able to swim, tread water and hold breath for one minute (S-V84-A only). Highly recommended for the other water courses. If cannot swim or tread water, assess for fear of water. • Is member medically fit to breathe compressed air under water (S-V84-A only)? • Does member have history of pneumothorax (S-V84-A only)? • Sinus or ear problems. TM perforation is disqualifying unless cleared by ENT. <p>COMMENTS:</p>
	<p>MEMBER IS CLEARED / NOT CLEARED / N/A _____</p>
	<p>(Required Only if Positive History) _____ Life Skills Credentialed Provider Signature and Stamp</p>
	<p>MEMBER IS CLEARED/NOT CLEARED _____</p>
	<p>_____ Flight Surgeon Signature and Stamp</p>
	<p>❖ NOTE: Medical records are NO longer required to attend SERE training courses. However, A COPY of an up-to-date DD form 2766/2766C or AF Form 1480A , AF Form 1042 or AF Form 422 where applicable and this form must be brought to SERE training.</p>
	<p>For any questions or concerns, please contact DSN 657-5414</p>